

PINK RIBBON BREAKFAST

Supporting breast cancer research
to save lives.



BREAST CANCER AWARENESS QUIZ

1

What is the most common type of breast cancer?

- ☐ DUCTAL CARCINOMA IN SITU (DCIS)
- ☒ **INVASIVE DUCTAL CARCINOMA (IDC)**
- ☐ INFLAMMATORY BREAST CANCER (IBC)
- ☐ TRIPLE NEGATIVE BREAST CANCER (TNBC)

Read more info here: <https://nbcf.org.au/about-breast-cancer/diagnosis/invasive-ductal-carcinoma/>

2

From what age are women eligible for free breast screening in Australia?

- ☐ Over 30
- ☒ **Over 40**
- ☐ Over 50
- ☐ Over 60

Read more info here: <https://nbcf.org.au/about-breast-cancer/detection-and-awareness/mammograms/>

3

Approximately how many people are diagnosed with breast cancer in Australia each year?

- ☐ 5,000
- ☐ 10,000
- ☐ 15,000
- ☒ **20,000**

Read more info here: <https://nbcf.org.au/about-breast-cancer/breast-cancer-stats/>

4

What percentage of breast cancer cases are considered hereditary, caused by a faulty gene passed on from parent to child?

- ☒ **Around 5%**
- ☐ Around 15%
- ☐ Around 25%
- ☐ Around 35%

Read more info here: <https://nbcf.org.au/news/new-breast-cancer-predisposition-gene-identified/>

5

Which of the following is a common symptom of breast cancer?

- ☐ A lump in the breast or underarm
- ☐ Changes to the shape or size of the breast
- ☐ Nipple discharge or other changes
- ☒ **All of the above**

Read more info here: <https://nbcf.org.au/about-breast-cancer/detection-and-awareness/breast-cancer-symptoms/>

6

True or False: In some states, Aboriginal and Torres Strait Islander women are encouraged to start breast screening at age 40.

- ☒ **True**
- ☐ False

Read more info here: <https://nbcf.org.au/about-breast-cancer/detection-and-awareness/detection/>

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7

True or False: Large amounts of physical activity can help reduce the risk of breast cancer.

- ☒ True
☐ False

Read more info here: <https://nbcf.org.au/fitness-and-its-impact-on-breast-cancer-treatment/>

8

How often are women aged 50-74 invited to attend breast screening in Australia?

- ☐ Every 6 months
☐ Every year
☒ Every 2 years
☐ Every 5 years

Read more info here: <https://nbcf.org.au/about-breast-cancer/detection-and-awareness/mammograms/>

9

Which month is Breast Cancer Awareness Month?

- ☐ February
☐ May
☒ October
☐ December

10

What year was the inception of the National Breast Cancer Foundation (NBCF)?

- ☒ 1994
☐ 1984
☐ 1997
☐ 1991